

Obesity Review (Draft) – Overview and Scrutiny Committee

**8 July 2013 – Does Slough have a problem with childhood obesity?**

Aim:

- To establish the overall picture of childhood obesity in Slough

Areas of investigation:

- What does the picture look like in terms of age, ethnicity, area, deprivation?
- What are the general trends/dynamics of the picture?
- What are the factors influencing childhood obesity locally?
- Are there any gaps in the information relating to Slough?
- How well does Slough fare in relation to neighbouring authorities in terms of statistics and trends?
- What are the current local initiatives?

Witness(es):

- Public Health
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**10 September 2013 – What options are there to alter the physical environment?**

Aim:

- To establish options for restricting child access to fast food outlets around schools

Areas of investigation:

- What are the options around restricting A5 (hot food takeaway) Premises within 300-500m of schools in the borough?
- What are the economic issues around restricting certain types of fast food premises around schools?
- What initiatives have been used elsewhere?

Witness(es):

- Head of Strategic Planning
- Licensing representative
- Economic Policy Officer

Documents:

- Local Development Plan
  - Licensing legislation/policies
  - Maps indicating impact
  - Examples of initiatives elsewhere
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## **7 October 2013 – What is the role of GPs and Primary Care?**

### **Aim:**

- To establish what impact GPs and primary care workers could have combating childhood obesity

### **Areas of investigation:**

- What is the role for GPs/primary care workers in tackling the issue of childhood obesity?
- What weight management services are available for GPs to refer patients to? Are these being used consistently?
- Who has influence over lifestyle choices?
- Are GPs/primary care workers the best messenger in these cases?

### **Witness(es):**

- CCG
  - Primary Care Representatives (e.g. health visitors)
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## **12 November 2013 – What is the role of schools and how can we support them?**

### **Aim:**

- To establish what work is currently going on within schools to tackle the issue of childhood obesity and consider whether alternative approaches could provide a better outcome

### **Areas of investigation:**

- What is the typical school dinner offer?
- What take up of school dinners is there?
- What types of nutritional education are offered (cooking and growing)?
- What does physical education entail in Slough schools?
- What Parent/School engagement is there on the issue of childhood obesity?
- What initiatives have been tried elsewhere successfully? And could these, potentially, work in Slough?

### **Witness(es):**

- Headteacher/School representation
- Parent group representation?

### **Documents:**

- Healthy Eating Standards in Schools
  - Guidance regarding Academies/Free Schools
  - Physical activity requirements
  - Schemes elsewhere
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### **3 December 2013 – How can we encourage greater physical activity amongst children and young people?**

#### **Aim:**

- To establish what the average level of physical activity of children is in Slough and what role this could play in tackling the issue of childhood obesity

#### **Areas of investigation:**

- What impact can physical activity have on obesity rates?
- What are the barriers to greater engagement in physical activity by children and young people in Slough?
- What initiatives have been used and been successful elsewhere?

#### **Witness(es):**

- Slough Physical Activity Group
- Head of Culture and Sports Delivery
- Active Communities and Participation Manager

#### **Documents:**

- Slough Sport and Physical Activity Strategy 2013-15
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